

A Breath of Fresh Prayer
Finding the words God longs to give.

PRAYING THROUGH PROVERBS

Wisdom & Knowledge:

God, help me love Your wisdom and instruction. (1:7)

Father, help me treasure Your commands. Incline my heart to insight and understanding. (2:2-4)

Bless me with wisdom, O God, believing nothing is more precious, nothing can compare. (3:15)

Father, give me a heart that holds fast to Your wisdom. Let me never turn away from the words of Your mouth. (4:4-5)

May I give full attention to Your words, incline my ears to Your sayings, let them not escape from my sight, keep them within my heart bringing life and healing to my flesh. (4:20-22)

May my heart treasure Your commands, O God. Keeping Your teachings as the apple of my eye. (7:1-2)

Father, help me leave foolish ways and live, walking in the way of understanding. (9:6)

Lord, restrain my lips and make me wise. (10:19)

God, grant me wisdom, that my tongue brings healing. (12:18)

Holy Spirit, help me perceive knowledge, and go from the lips of the foolish. (14:7)

Help me consider well my steps. (14:15)

Make my lips wise, spreading knowledge. (15:7)

Father, help me apply my heart to instruction and my ears to words of knowledge. (23:12)

Help me build my house by wisdom, and by understanding establish it, by knowledge the rooms will be filled with precious and pleasant riches. (24:3,4)

Help me seek wise counsel, Father, remembering in a multitude of counselors there is safety. (24:6)

Trust

Lord, help me trust You with my whole heart, not leaning on my own understanding, but acknowledging You in all my ways. Make my way straight, turn me from evil, bring healing to my flesh and bones. (3:5-8)

Generosity

May I honor the Lord with my wealth, that my barns will be filled and my vats bursting. (3:9,10)

Let me not withhold good from those to whom it is due, when it is in my power to do it. (3:27)

Father, forbid I withhold what I should give, and suffer want. (11:24)

Grant me Your mercy for the poor, sharing in Jesus's happiness. (14:21)

Give me generous eyes, O Lord, and share my bread with the poor and be blessed. (22:9)

Help me extend my hands to the poor and needy. (31:20)

Discipline

Forbid I despise Your discipline or grow weary of reproof, knowing You, Lord, love and delight in me. (3:11,12)

May I guard my heart with all vigilance, for from it flow the springs of Your love. (4:23)

Help me put away crooked speech and put devious talk far from me. (4:24)

Father, help me love discipline, welcoming knowledge at Your reproof. (12:1)

Wickedness

Let my eyes look directly forward, Lord, pondering the path of my feet, so all my ways will be sure, not swerving to the right or the left, turn my feet from evil. (4:25-27)

Save me from entering paths of wickedness, avoiding the way of evil. (4:14)

Save this generation from the way of deep darkness, not knowing over what they stumble. (4:19)

Hold back my feet from the paths of evil. Make me aware when being enticed to sin. (1:10,15)

Lord, save us from things You hate: haughty eyes, a lying tongue, hands that shed innocent blood. Forbid we devise wicked plans, run toward evil, or sow discord among our sisters and brothers. (6:16-19)

Give us a sound heart, O God, and deliver us from envy, for it is rottenness to the bones. (14:30)

May we fear You, Lord, and depart from evil. Save us from the foolishness of self-confidence. (14:16)

Slow my anger, Lord, quiet contention and may I remember a hot temper only stirs up strife. (15:18)

Show me the fool, Lord, who has no delight in understanding, but in expressing their own heart. (18:2)

Pride

Rid my heart of pride, Lord, knowing You hate it. (16:5)

Fear

Keep me seeking sound wisdom and discretion which gives life to my soul, keeps my feet from stumbling, extinguishes fear, makes sleep sweet, and rids me of sudden terror and ruin. (3:21-25)

Turn my ears toward good words, Lord, that my heart would be filled with gladness. 12:25)

Keep me from fearing man and causing myself harm, knowing I am safe when trusting You. (29:25)

Lord, keep me from being deceived by charm and passing beauty—remembering You are the beauty in me. (31:30)

Love

Lord, bind steadfast love and faithfulness around my neck. Write them on the tablet of my heart. (3:3)

God, lend me love that covers every sin. (10:12)

Grant me a glad heart, O Lord, bringing a cheerful face for the sorrowful heart and the crushed spirit. (15:13)

Foolishness and Folly

Lead me far from folly, Lord. For only death waits there. (9:18)

Father, help me heed Your instruction and never lead others astray. (10:17)

Forbid we take a bribe or be greedy for gain troubling our own house. (15:27)

Father, help us be Your honorable people, knowing any fool can start a quarrel. (20:3)

Greed

Help me consider carefully what is before me, Lord, and not desire the delicacies of those given to greed. (23:3)

Father, keep me from overworking to be rich according to my own standards. For riches certainly make themselves wings. (23:5)

Righteousness

Make my way blameless, Lord, that You may take delight in me. (11:20)

Help me diligently seek what is good. (11:27)

May I trust in Your righteous rather than riches, and flourish like a green leaf. (11:28)

May my life be used to deliver those who are drawn to death. (24:11)

Forbid I rejoice when my enemy falls, may me heart be moved to mercy when they stumble. (24:17)

May Your righteousness make me bold as a lion. (28:1)

Keep me from covering my sins, Holy Spirit, help me confess and forsake my sin and receive mercy. (28:13)

Justice

Lord, make me an honest servant, for just weights are Your delight. (11:1)

Help me work according to honest weights and just scales, for all things belong to the Lord. (16:11)

Let me never forget what a joy it is to do justice, Holy Spirit! (21:15)

Set us on the path of the just, which is like the light of dawn, shining ever brighter unto the perfect day. (4:18)

Peace

May all my ways be pleasing, Lord, making even my enemies at peace with me. (16:7)

Joy & Happiness

Help me heed the word wisely, Lord, trusting You, and finding happiness. (16:20)

Father, may all my plans be ones of peace, that I may experience joy. (12:20)

May my heart be merry doing good, like medicine. (17:22)

Truth

Make me a true witness that souls be delivered from lies. (14:25)

The Tongue

Lord, forbid I be talebearer, revealing secrets, flattering with my lips. (20:19)

Keep my tongue from idle chatter which only leads to poverty. (14:23)

Grant me a gentle tongue, like a tree of life, realizing stubbornness only breaks the spirit. (15:4)

May my answers be soft, turning away wrath. Help me remember harsh words stir up anger. 15:1)

Give me righteous lips speaking what is right. (16:13)

Make my heart wise, teach my mouth and add learning to our lips. (16:23)

May my words be pleasant like honeycomb, bringing sweetness and health to others. (16:24)

Rescue me from a deceitful heart and a perverse tongue. (17:20)

Father, direct the deep waters of my mouth, make me a wellspring of wisdom, flowing like a brook. (18:4)

Holy Spirit, may my words be like apples of gold in settings of silver. (25:11)

Keep me from boasting about tomorrow, Lord, when I know not what a day may bring. (27:1)

Thoughts/Mind

Though many plans swirl in my head, Lord, see that our answers come from You. (16:1)

I commit my works to you You, Lord, that my thoughts will be established. (16:3)

Forbid I isolate ourselves which is against all wise judgement. (18:1)

Envy

Save me from envying sinners, Father, may we be zealous for You all day. (23:17)